



FREE THETAN

NEWSLETTER OF THE INTERNATIONAL
FREEZONE ASSOCIATION

Preserve, Protect & Promote

August 2010

Volume 1 Issue 8



"If one gets himself into trouble by communicating, he should further communicate. More communication, not less, is the answer and I consider this riddle solved after a quarter of a century of investigation and pondering."

Dianetics 55
Copyright by L. Ron Hubbard

FREE THETAN

NEWSLETTER OF THE INTERNATIONAL FREEZONE ASSOCIATION INC.

FREE THETAN
Volume 1 Issue 8 August 2010

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The FREE THETAN is the monthly Newsletter of the The International Freezone Association Inc.

The International Freezone Association Inc.
The International Freezone Association Inc is a duly registered non profit association registered in the State of Delaware, USA.

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~oo0oo~

Published by Gold Century Press
<http://www.goldcenturypress.com>



The International Freezone Association
The New Renaissance of Beingness
Preserve, Protect & Promote!

**Quote from
L. Ron Hubbard**

"THE JOY OF CREATING

*Force yourself to smile and
you'll soon stop frowning.*

*Force yourself to laugh and you'll
soon find something to laugh about.*

*Wax enthusiastic and you'll very
soon feel so.*

*A being causes his own feelings.
The greatest joy there is in life is creating.*

Splurge on it!"





reservo , servo , proveho

~~ Editorial ~~

Dear Reader,

We are now entering the last quarter of the year. My, doesn't time fly!

Sometimes it seems that there is not enough time to do all we want to do. Someone says, "Have you done so and so yet?" "No, you say, There just isn't enough time.

In fact there is plenty of time. It is usually a matter of prioritising ones activities and ensuring that one completes cycles of action. Not completing cycles of action can leave attention hung up in past activities that are still incomplete. One of the practical applications of the Cycle of Action is to finish off every action you start. This not only frees up ones attention to start and complete further actions but it is amazing how much one can actually get done as a result.

The Problems of Work is an excellent book that goes into this in some depth and not in a complex and difficult to understand way but in easy to understand English. It offers practical advice one can start to use immediately.

Ron Hubbard wrote a lot of useful and practical advice which one can grab a hold of and use to make life just that bit easier and this is just one of thousands of useful tips one can use.

Lets make the last quarter of 2010 a great year with lots of completed cycles of action so we are fresh and raring to go in the new year!

Michael Moore
President
International Freezone Association Inc.,

The Aims of Scientology and the IFA

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of the IFA

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

The IFA is non political in nature and welcomes any individual of any creed, race or nation.

The IFA does not seek revolution. The IFA seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to the IFA We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

The IFA does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

~~ Lafayette Ron Hubbard Quote ~~

Basic Purpose

"An individual, species, organism, organization, to succeed, survive and expand in influence must have a formulated BASIC PURPOSE.

To keep beings from growing, the reactive bank is almost entirely made up of false and booby trapped purposes. Thus we can see that, by its having been impeded so thoroughly in past ages, the idea of having a personal or organizational or group basic purpose is an extremely valuable one.

Without one expressed or unexpressed, a being or an organization or group without one doesn't grow but shrinks and becomes weak—in this universe nothing can remain long in an unchanging state. Given a potentially successful basic purpose that is acceptable to the being, organization or group, one can then formulate POLICY.

POLICY is a rule or procedure or a guidance which permits the BASIC PURPOSE to succeed.

The basic purpose runs through time. When it is impeded, distracted from, not complied with, thwarted or stopped, a state of failure of the basic purpose occurs in greater or lesser degree. Sometimes challenges to it cause it to strengthen but only when the challenges are consistently overcome.

A being, organism, organization, group or species or race learns in forwarding its basic purpose or meeting challenges to its basic purpose certain lessons. Certain procedures or courses of action, rules or laws were conceived at times of stress and some of them were successful. Those that were not successful or helped the opposition were bad.

Those that were successful forwarded of course the basic purpose and were good.

The successful ideas or procedures that assisted the basic purpose were then dignified by the status of proper ideas, acts, procedure or policy.

Those that were unsuccessful in assisting the basic purpose became bad policy.

Ideas or procedures that distracted from or balked the basic purpose were called offenses.

Things, groups, other determinisms that challenged or sought to stop or refused to comply with the basic purpose became enemies or opposition.

Therefore Policy is derived from successful experience in forwarding the basic purpose, overcoming opposition or enemies, ending distractions and letting the basic purpose flow and expand."

~oo0oo~

CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and certified
As delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details.

Groups, Organisations & Individual Auditors

Country	Region or State	Name	Contact email/phone	Tech Training Level	Admin Training Level	Services Delivered	IFA Certified
Canada	Toronto	Chris Black	standardtechauditor@yahoo.ca	Class VIII C/S, KOT,	DSEC	Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing, FPRD; Debugs & more.	
UK	South East	Vicky Ballard	vballarduk@yahoo.co.uk	Solo NOTs	To Be Advised	L/R to Clear+DCSI OT reviews and OK to audit NOTs all with a Class 12 C/S	
USA	North West	Anita & Les Warren	www.lifeimp.com	Classed Auditors	To Be Advised	All up to Class IV, NED, Solo Purif, PRD, Basic Courses	
USA	South East USA	Mark List	beachniks@yahoo.com	Class VIII	OEC, DSEC	Qual and CS services	
USA	Los Angeles USA	Trey Lotz	trey@relaypoint.net	Class VIII	To Be Advised	Standard LRH Bridge up to Clear, NOTs, Ls	
USA	West	Roy Selby NorthWest Field Auditor	roy_slby@yahoo.com	Grad V certified	OEC, FEBC	Auditing to Class IV, Counselling to OT III	
USA	North East. Will travel	Ken Urquhart	urg@verizon.net	Class IV Advance Courses Specialist. Class IX	To Be Advised	Internships, apprenticeships and Okay-to-Audits Class V	

Please note: The International Freezone Association receives no commercial interest direct or otherwise from any of the people listed above. The IFA does not recommend any particular auditor listed and this list is provided on an informative basis only. Each individual is responsible for their own integrity and case.

THE RELATIONSHIP OF TRAINING TO OT

Quote from a lecture by Lafayette Ron Hubbard

You very lucky people. You came are very fortunate people. You came all the way down the track, lived all those years, did all these stupid things, and you wind up here with a chance out.

That chance is as good as you can audit. It's not a bit better.

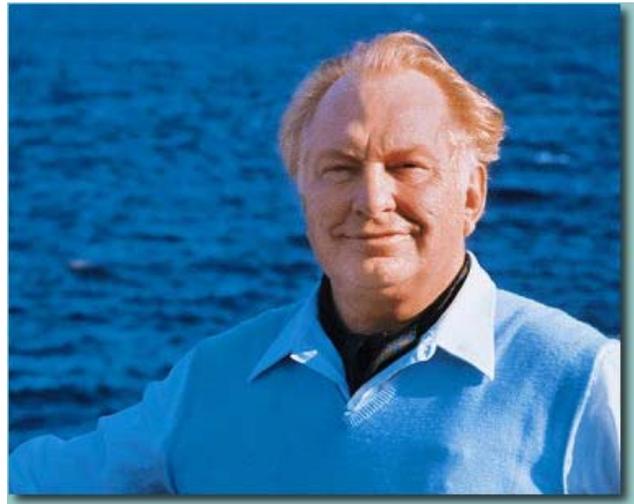
It is a good thing if anybody is to be fully cleared or go OT for them to be trained. If they are going to make it, they are going to have been trained well.

I can see you now, with your sleeves rolled up, sweating, with three or four people that you are auditing, and they keep asking you these silly questions about, „What is this thing called a Tone Scale? I didn't know I had to study music in order to...“

And they're worried about their present time problems. They come into session and they want to tell you about the fight they had with their wife, and they want this all cleared up. It's a present time problem. But actually it's their son they're really worried about. And then there is Aunt Agnes – she has committed a terrible overt act against them: she didn't die and leave them their money. And so forth, and on and on and on and on.

I can just hear you now, straightening all this up, saying „fine“, and then the guy says, „Well, what's all this wonderful power I was supposed to have and all that sort of thing?“

Unless you train them, unless they actually become a fully trained auditor, they really don't have a prayer.



When you start training somebody, actually all these people are all preselected out of the races of earth today. They arrived and enrolled. That they are there tells you that they are pre-selected to begin with. It's not a cross-section of the population at all. It's a very great minority of the population, certainly composed of the upper tenth of the intellects of the world today.

So you're dealing with a specialized group, specially selected. These people are then moved on up with further selection by advanced levels of training. The confront, the persistence required of one of these people – sticking with it, the disappointments and the upsets – if you don't think that is a process of pre-selection you should take a look at it someday. And those who have survived this particular process have simply demonstrated the fact that they will obviously someday make OT. It's as simple as that.

By the time you get through that pre-selection, why, you are practically a screaming genius.

What happens after somebody has gotten up the chart? Well, at this stage of the game they're probably trained, but they certainly have to be trained further in spite of the pre-selections and other things that brought them up along the line. They'd have to be

pretty well grooved.

The best way and the most sure fire way to get to be OT, then, is to be a top-rank auditor, for various reasons, including the aplomb it takes to confront the bank.

New people – you can make them well. It's well worth doing, nothing wrong with that at all. You can make a marriage run better and a kid be happier, and you can make life tenable, and so forth. But actually you have to know how to audit well in that direction just to make life tenable enough for you to be able to through to OT. A non-Scientologist is so surrounded by confusion that their present time is insufficiently calm for them to have any progress in the direction of OT.

Many are called but few are chosen. There are many reasons why this track and path is a limited track and path. This isn't to say that eventually every body won't make OT. But certainly, directly and positively it will be a very long route for others. Hundreds of years, thousands of years from now, there will be somebody picking it up and saying, „Well, let's see. What's this thing called *tone*

arm action?“

When you look up the line on that and get a real view of the situation, you realize where you are and where you sit. You're right up in the front seat of the first breakthrough that's ever been made in this universe on the subject of the road out, the way through.

You're fortunate to have moved into the situation that you're in. The only thing I can ask you and point out to you is that you're in a position where you shouldn't waste any of the potential which you have immediately at your fingertips. You shouldn't waste any part of that.

Training is definitely, definitely, definitely a part to the route of OT. Definitely. This is something that is not „nice“ to be part of. This is something that is a *vital part* of becoming OT.

The only thing I ask you to do is to make the most of what you've got.

~oo00oo~

~~ Lafayette Ron Hubbard Quote ~~

“In the opinion of the viewpoint, any beingness, any thing, is better than no thing, any effect is better than no effect, any universe better than no universe, any particle better than no particle, but the particle of admiration is best of all.”

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“The first 27 booklets parallel the 27 lectures of the Hubbard College Lecture Series given in Wichita in March 1952.”

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Wins & Success Stories from the Independent Scientology Freezone

We get many success stories in the Freezone of auditing, training and even just from reading Lafayette Ron Hubbard Books!

Auditing

I feel very good after having completed this rundown and see how my concerns and reservations about entering and leaving spaces and situations have inhibited my spiritual freedom. I feel I'll do much better now. Thank you Chris, for some excellent auditing. Thanks also to Pierre and LRH. - J.

I had a very good win on the LX Lists. I've started to become myself – I would say “again”, but I don't think this has been true this lifetime. My own voice sounds strange to me, like a new person has arrived. The lists were a battle (with the bank) and I won. Thanks.

That short session yesterday produced more resolution of my (persistent case item) phenomena than any of our previous efforts. It is tempting to think all the aches, pains, unwanted sensations of mass/pressure around my head and eyes are the result of upper level case. I think all the previous auditing I have done **must** have helped because I have the impression my entire remaining case is just hanging by a thread and can be resolved completely with very little additional effort.



If this technique continues to work for me, what's left should be a piece of cake. Seems too good to be true but I can finally see the end of this thing after all these years of grinding away at masses wherever I could find them, but never succeeding at handling the (persistent case item)."

Grade 0 Auditing

On this grade I've handled tons of stops I've had in life. It seems as if I have total control on the confront of communication with others and myself. This grade is very well designed in that it handles specific comm problems and the way you look at yourself. It also increases your ability to have your communication come across as a theta action.

Life Repair Auditing

Finished this program today, working with Chris, who I find is a super auditor. We looked over principal areas of charge over a fairly long lifetime. I discovered all sorts of fascinating stuff in session, and had an opportunity to align and make sense of this.

At the start of the program, I had a fairly ho-hum attitude to life - enjoying it to some degree, without real enthusiasm. I now find life has many new possibilities and I'm quite cheer-

ful about it and the projects and activities I can engage in the future. Also more relaxed in my relationships with others and not so easily upset.

Very much looking forward to further progress along the Bridge. JH

Grade Three Auditing

I have just attested to completing Grade III. Of the previous grades, this one has been the fastest to do. It has been relatively calm to do.

If I get upset, it lasts very briefly, or I can go and spot the source of the upset. And I realize that if my reaction does not match the current situation, it is because I would be dramatizing something that was earlier!

That bank reaction is more real to me! I can see it. (In others too!)

Great auditing. Thanks Chris, and of course to the one who made it all possible - LRH."

Auditing on Drugs

On the Drug Rundown I feel unbothered by drugs I have done and there are no more past upsets from drugs. Another nice win was I gained a greater certainty of past lives. I feel good in general in the area of drugs and alcohol I have taken and don't feel bad about the drugs I've done anymore."

Sunshine Run Down

After 3 or 4 minutes I had the following cog: There is nothing big or small, near or far but everything depends on us. We decide if a thing is big or small. And a big thing, if we decide in that way, can become small. It does-

n't exist something far or near, because we can be, if we decide it, at the same time everywhere. And in the same way it doesn't exist a special thing, but everything can be special, the most insignificant thing too, if we decide to see it in this way. And in the same way in this moment I've decided that everything I see and feel is wonderful.

Self Analysis Lists

Diana dear, I just have to tell you that I am getting tremendous wins with S/A. My confront has come way, way up and so has my mood and my memory. I'm now having random thoughts of fun things I've done and of things I've done right and of people I've enjoyed and people who have enjoyed my company. I am remembering things I forgot I knew.

I remembered today of a time when I filled the entire kitchen and part of the front yard and I remember a time when doing an investigation for CCHR, I could see the loading docks in back of the hospital with a white truck being backed into the dock, and I could see that my patient wasn't coming out the hospital that way... and I did this while sitting and waiting for her in the lobby. Having those abilities and not always in my body, that's what I meant when I said I used to be able to fly, but when I met you I could barely amble.

Damn it Diana! Everybody should do S/A if they're not on the Bridge. Everybody! Just think what a great place this would be with everyone sane for a change. That's it. I wanted you to know. R

~oo00oo~

FREE THETA

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~~ Lafayette Ron Hubbard Quote ~~

HANDLING THE CONFUSIONS OF THE WORK-A-DAY WORLD

We have seen how one might be led to believe there was something confusing about navigating one's career in the world of work. And confusion there is to one who is not equipped with guides and maps.

Basically, it all seemed very simple, this thing called work, getting a job. One was educated into some skill and one read an ad, or was sent by a friend and was interviewed for a job. And one got it and then reported every day and did the things assigned and as time went on, hoped for a raise in pay. And time going even further on brought one to hope for a pension or a governmental regime that would pay old age benefits. And that was the simple pattern of it.

But times change and simple patterns have a habit of being deranged. The various incidents and accidents of fate entered into the picture. Completely aside from personal factors, larger views alter things. The government in sweeping economy fails to grant adequate pension. The business for which one works is shattered by a time of depression. Or one's health fails inexplicably and one is left on charity.

The worker in his work-a-day world is no towering giant amongst his many foes. The tinsel path sketched so happily by rabble rousers, the great affection held for the worker by this or that ideology or political figure, do not reflect fact. A man working at a job is faced by difficulties large enough to him, no matter how small they might seem to a successful industrialist. A few percent rise in taxes may mean that he thereafter goes without tobacco. An entrance upon bad times for the business may result in lessened pay, and there may go any and all luxuries and even some necessities, or the job.

The effect of international currents, governments, business trends and markets all usually beyond his concern, the worker is perfectly entitled to believe that his fate is not quite entirely predictable. Indeed, he might even be entitled to be confused.

A man can starve to death in a few days.

Few workers have many days of margin in their pockets if the currents change. Thus many things which would be no vast problem to the very secure are watched as menaces by the worker. And these things can become so many that all life seems too confused to be borne and one sinks into an apathy of day-to-day grind, without much hope, trusting that the next storm, by luck, will pass over him.

As one looks at the many factors which might derange his life and undermine his security, the impression is, confusion seems well founded and it can be said with truth that all difficulties are fundamentally confusions.

Given enough menace, enough unknown, a man ducks his head and tries to swing through it blindly. He has been overcome by confusions.

Enough unsolved problems add up to a huge confusion. Every now and then, on his job, enough conflicting orders bring the worker into a state of confusion. A modern plant can be so poorly managed that the entire thing appears to be a vast confusion to which no answer is possible.

Luck is the usual answer one resorts to in a confusion. If the forces about one seem too great, one can always "rely on his luck".

By luck we mean "destiny not personally guided". When one turns loose of an automobile wheel and hopes the car will stay on the road, by luck, he is often disappointed. And so it is in life. Those things left to chance become less likely to work themselves out. One has seen a friend shutting his eyes to the bill collectors and gritting his teeth while he hopes

that he will win at the races and solve all his problems. One has known people who handled their lives this way for years. Indeed, one of Dickens' great characters had the entire philosophy of "waiting for something to turn up". But luck, while we grant that it IS a potent element is only necessary amid a strong current of confusing factors. If one has to have LUCK to see him through then it follows that one isn't any longer at his own automobile wheel and it follows, too, that one is dealing with a confusion.

A confusion can be defined as any set of factors or circumstances which do not seem to have any immediate solution. More broadly, a confusion in this universe is RANDOM MOTION.

If you were to stand in heavy traffic you would be likely to feel confused by all the motion whizzing around you. If you were to stand in a heavy storm, with leaves and papers flying by, you would be likely to be confused. Is it possible to actually understand a confusion? Is there any such thing as an "anatomy of confusion"? Yes, there is.

If, as a switchboard operator, you had ten calls hitting your board at once, you might feel confused. But is there any answer to the situation? If as a shop foreman you have three emergencies and an accident all at the same time, you might feel confused. But is there any answer to that?

A confusion is only a confusion so long as ALL particles are in motion. A confusion is only a confusion so long as no factor is clearly

defined or understood.

Confusion is the basic cause of stupidity. To the stupid all things except the very simple ones are confused. Thus if one knew the anatomy of confusion, no matter how bright one might be, he would be brighter.

If you have ever had to teach some young aspirant who was not too bright, you will understand this well. You attempt to explain how such-and-so works. You go over it and over it and over it. And then you turn him loose and he promptly makes a complete botch of it. He "didn't understand", he "didn't grasp it". You can simplify your understanding of his misunderstanding by saying, very rightly, "he was confused".

Ninety-nine percent of all education fails, when it fails, on the grounds that the student was confused.

And not only in the realm of the job, but in life itself, when failure approaches, it is born, one way or another, from confusion. To learn of machinery or to live life, one has to be able either to stand up to confusion or to take it apart.

We have in Scientology a certain doctrine about confusion. It is called the Doctrine of the Stable Datum.

If you saw a great many pieces of paper whirling about a room they would look confused until you picked out one piece of paper to be the piece of paper by which everything else was in motion. In other words, a confusing motion can be understood by conceiving one thing to be motionless.

The Purposes of the International Freezone Association

Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.

Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.

Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind

<http://internationalfreezone.net>

In a stream of traffic all would be confusion unless you were to conceive one car to be motionless in relation to the other cars and so to see others in relation to the one.

The switchboard operator receiving ten calls at once solves the confusion by labelling, correctly or incorrectly, one call as the first call to receive her attention. The confusion of ten calls all at once becomes less confusing the moment she singles out one call to be answered. The shop foreman confronted by three emergencies and an accident needs only to elect his FIRST target of attention to start the cycle of bringing about order again. Until one selects ONE datum, ONE factor, ONE particular in a confusion of particles, the confusion continues. The ONE thing selected and used becomes the STABLE DATUM for the remainder.

Any body of knowledge, more particularly and exactly, is built from ONE DATUM. That is its STABLE DATUM. Invalidate it and the entire body of knowledge falls apart. A stable datum does not have to be the correct one. It is simply the one that keeps things from being in a confusion and on which others are aligned.

Now, in teaching a young aspirant to use a machine, he failed to grasp your directions, if he did, because he lacked a stable datum. ONE FACT had to be brought home to him first.

Grasping that, he could grasp others. One is stupid, then, or confused in any confusing situation until he has fully grasped ONE FACT or one item.

Confusions, no matter how big and formidable they may seem, are composed of data or factors or particles. They have pieces. Grasp one piece and locate it thoroughly. Then see how the others function in relation to it and you have steadied the confusion and, relating other things to what you have grasped, you will soon have mastered the confusion in its entirety.

In teaching a boy to run a machine, don't

throw a torrent of data at him and then point out his errors; that's confusion to him, that makes him respond stupidly. Find some entrance point to his confusion, ONE DATUM. Tell him, "This is a machine." It may be that all the directions were flung at someone who had no real certainty, no real order of existence. "This is a machine," you say. Then make him sure of it. Make him feel it, fiddle with it, push at it.

"This is a machine," tell him. And you'd be surprised how long it may take but you'd be surprised as well how his certainty increases. Out of all the complexities he must learn to operate it, he must know ONE DATUM first. It is not even important WHICH datum he first learns well beyond that it is better to teach him a SIMPLE BASIC DATUM. You can show him what it does, you can explain to him the final product, you can tell him why HE has been selected to run this machine. BUT you MUST make one basic datum clear to him or else he will be lost in confusion.

Confusion is uncertainty. Confusion is stupidity. Confusion is insecurity. When you think of uncertainty, stupidity and insecurity, think of confusion and you'll have it down pat.

What, then, is Certainty? Lack of confusion. What then is Intelligence? Ability to handle confusion. What then is Security? The ability to go through or around or to bring order to confusion. Certainty, Intelligence and Security are lack of or ability to handle confusion.

How does luck fit into confusion? Luck is the hope that some uncontrolled chance will get one through. Counting on luck is an abandonment of control. That's apathy.

There is GOOD control and BAD control. The difference between them is Certainty and Uncertainty. Good control is certain, positive, predictable. Bad control is uncertain, variable and unpredictable. With good control one can be certain, with bad control one is never certain.

A foreman who makes a rule effective

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today but not” tomorrow, who makes George obey but not James, is exercising bad control; in that foreman’s wake will come uncertainty and insecurity, no matter what his personal attributes may be.

Because there can be so much uncertain, stupid control, some of us begin to believe that all control is bad. But this is very far from true. Control is necessary if one would bring any order into confusions. One must be able to control things, his body, his thoughts at least to some degree, to do anything whatever.

A confusion could be called an UNCONTROLLED RANDOMNESS. Only those who can exert some control over that randomness can handle confusions. Those who cannot exert control actually breed confusions.

The difference between good and bad control then becomes more obvious. The difference between good and bad here is DEGREE. A thorough positive control can be predicted by others. Therefore it is good control. A non-positive, sloppy control cannot be predicted; therefore it is a bad control. Intention also has something to do with control.

Control can be used for constructive purposes or destructive purposes; but you will discover that when destructive purposes are INTENDED, bad control is used.

Thus there is a great deal to this entire subject of CONFUSION. You may find it rather odd for confusion itself to be used here

as a target. But you will find that it is an excellent common denominator to all that we consider evil in life. And if one can become master of confusions, his attention is freed for constructive activity. So long as one is being confused by confusions, all he can think about are destructive things -- what he wants to do most is to destroy the confusion.

So let us then learn first how to destroy confusions. And this, we find, is a rather simple thing. When ALL particles seem to be in motion, halt one and see how the others move according to it and then you will find less confusion present. With one adopted as a STABLE DATUM others can be made to fall in line. Thus an emergency, a machine, a job or life itself can be viewed and understood and one can be free.

Let us take a glance at how this works. In the first chapter we listed a number of things which might influence obtaining, holding and improving a job. One can handle this entire problem, as people most often do, by entering into the problem the single datum, “I can get and hold a job.” By clutching to this as a single belief, the confusions and insecurities of life become less effective, less confusing.

But suppose one has done this: suppose that without further investigating the problem, one, when young, gritted his teeth and shut his eyes and said, “I can get and hold a job, come what may. Therefore I am not going to worry

about the economics of existence any more.”

Well, that was fine.

Later on, without warning, one got fired. One was out of work for ten weeks. He felt then, even when he did get a new job, less secure, less confident. And let us say that some accident occurred and one was out of a job again.

When once more unemployed, he was once more even less confident, less secure. Why? Let us take a look at the opposite side of this Doctrine of the Stable Datum. If we do, we learn that confusions are held ineffective by stable data and that, when the stable datum is shaken, the confusion comes into being again.

Let us envision a confusion as stopped. It is still scattered but it is stopped. What stopped it? The adoption of a stable datum. Let us say that one was bothered badly in the home by a mother-in-law. One day, after a quarrel, one stalked out and by inspiration, said to himself, “All mothers-in-law are evil.” That was a decision. That, rightly or wrongly, was a stable datum adopted in a confusion. At once one felt better. He could deal with or live with the problem now. He knew that “all mothers-in-law” were evil. It wasn’t true, but it was a stable datum. Then one day, when he was in trouble, his mother-in-law stepped forward, true-blue, and paid not only the rent but the other debt too. At once he felt very confused. This act of kindness should not have been a thing to bring in confusion. After all, hadn’t she solved the problem? Then why does one feel upset about it? BECAUSE THE STABLE DATUM HAS BEEN SHAKEN. The entire confusion of the past problem came into action again by reason of the demonstrated falsity of the stable datum.

To make anyone confused, all you have to do is locate their stable data and invalidate them. By criticism or proof it is only necessary to shake these few stable data to get all a person’s confusions back into action.

You see, stable data do not have to be

true. They are simply adopted. When adopted, then one looks at other data in relation to them. Thus the adoption of ANY stable datum will tend to nullify the confusion addressed. BUT if that stable datum is shaken, invalidated, disproven, then one is left again with the confusion. Of course, all one has to do is adopt a new stable datum or put the old stable datum back in place, but he’d have to know Scientology in order to accomplish this smoothly. Let us say one has no fears of national economy because of an heroic political figure who is trying his best. That man is the stable datum to all one’s confusions about national economy. Thus one “isn’t worried”. But one day circumstances or his political enemies shake him as a datum. They “prove” he was really dishonest. One then becomes worried all over again about national economy. Maybe you adopted some philosophy because the speaker seemed such a pleasant chap. Then some person carefully proves to you that the speaker was actually a thief or worse. One adopted the philosophy because one needed some peace from his thoughts. Invalidating the speaker would then at once bring back the confusion one faced originally.

All right. We looked at the confusion of the work-a-day world when we were young and we held it all back by stating grimly, “I can get and keep a job.” That was the stable datum.

We did get a job. But we got fired. The confusion of the work-a-day world then became very confusing. If we have only the one stable datum, “I can get and keep a job,” as our total answer to all the various problems listed in the first chapter, then, assuredly, one is going to spend some confusing periods in his working life. A far, far better stable datum would be, “I understand about life and jobs. Therefore I can get, hold and improve them.” And that’s where we are going in this book.

~oo0oo~



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~ ~ ~ *Definitions* ~ ~ ~

ARC:

A word made from the initial letters of Affinity, Reality and Communication which together are considered to equal understanding. ARC is pronounced as three letters A-R-C.

Scientologist

1. one who betters the conditions of himself and the conditions of others by using Scn technology.
2. one who controls persons, environments and situations. A Scientologist operates with the boundaries of the *Auditor's Code* and the *Code of a Scientologist*.
3. one who understands life. His technical skill is devoted to the resolution of the problems of life.
4. A specialist in spiritual and human affairs.

Religion, 1. The ritual of worship or regard about spiritual matters. 2. A study of wisdom. 3. The word religion itself can embrace sacred lore, wisdom, knowingness of gods and souls and spirits, and could be called, with very broad use of the word, a philosophy. We could say there is religious philosophy and there is religious practice.

Religious Philosophy, implies study of spiritual manifestations: research on the nature of the spirit and study on the relationship of the spirit to the body; exercises devoted to the rehabilitation of abilities in a spirit. Religious Practice, implies ritual, faith-in, doctrine based on a catechism* and a creed.

Dianetics & Scientology Technical Dictionary.

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