



FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

February 2015

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And many others

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Important Note

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follow. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~oo00oo~

	<p>The Members Quarterly Journal of the</p>	
	<p>Association of professional Independent Scientist</p>	
	<p><i>Preserve, Protect & Promote</i></p>	
	<p>http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ Editorial ~



reservo, servo, proveho

Dear Reader,

It is unfortunate to see that many in the field have veered off course from source and taken up or employed non standard technology.

It is not the way out. It is not the way to total freedom. It is simply an iteration of that which has gone on before prior to the technology researched and developed by LRH.

The solution is to promote standard technology at every turn. To ensure that within one's own life on is adhering to that which is established and proven to work.

"People have following the route mixed up with "the right to have their own ideas." Anyone is certainly entitled to have opinions and ideas and cognitions-so long as these do not bar the route out for self and others.

Scientology is a workable system. It white tapes the road out of the labyrinth. If there were no white tapes marking the right tunnels, Man would just go on wandering around and around the way he has for eons, darting off on wrong roads, going in circles, ending up in the sticky dark, alone."

I am sure no one wants to end up on the sticky dark ... alone.

Until next time.

Much arc,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

Karendelac@gmail.com

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Silvia Llorens

All Standard Bridge

sllorens71@gmail.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:KenUrquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



SAFEGUARDING TECHNOLOGY

For some years we have had a word "squirreling". It means altering Scientology, off-beat practices. It is a bad thing. I have found a way to explain why. Scientology is a workable system. This does not mean it is the best possible system or a perfect system. Remember and use that definition. Scientology is a workable system.

In fifty thousand years of history on this planet alone, Man never evolved a workable system. It is doubtful if, in foreseeable history, he will ever evolve another. Man is caught in a huge and complex labyrinth. To get out of it requires that he follow the closely taped path of Scientology.

Scientology will take him out of the labyrinth. But only if he follows the exact markings in the

tunnels.

It has taken me a third of a century in this lifetime to tape this route out. It has been proven that efforts by Man to find different routes came to nothing. It is also a clear fact that the route called Scientology does lead out of the labyrinth. Therefore it is a workable system, a route that can be travelled.

What would you think of a guide who, because his party said it was dark and the road rough and who said another tunnel looked better, abandoned the route he knew would lead out and led his party to a lost nowhere in the dark. You'd think he was a pretty wishy-washy guide.

What would you think of a supervisor who let a student depart from procedure the supervisor knew worked. You'd think he was a pretty wishy-washy supervisor. What would happen in a labyrinth if the guide let some girl stop in a pretty canyon and left her there forever to contemplate the rocks? You'd think he was a pretty heartless guide. You'd expect him to say at least, "Miss, those rocks may be pretty, but the road out doesn't go that way."

All right, how about an auditor who abandons the procedure which will make his preclear eventually clear just because the preclear had a cognition?

People have following the route mixed up with "the right to have their own ideas." Anyone is certainly entitled to have opinions and ideas and cognitions-so long as these do not bar the route out for self and others.

Scientology is a workable system. It white tapes the road out of the labyrinth. If there were no white tapes marking the right tunnels, Man would just go on wandering around and around the way he has for eons, darting off on wrong roads, going in circles, ending up in the sticky dark, alone.

Scientology, exactly and correctly followed, takes

the person up and out of the mess.

So when you see somebody having a ball getting everyone to take peyote because it res-stimulates prenatales, know he is pulling people off the route. Realize he is squirreling. He isn't following the route.

Scientology is a new thing-it is a road out. There has not been one. Not all the salesmanship in the world can make a bad route a proper route. And an awful lot of bad routes are being sold. Their end product is further slavery, more darkness, more misery.

Scientology is the only workable system Man has. It has already taken people toward higher I.Q., better lives and all that. No other system has. So realize that it has no competitor.

Scientology is a workable system. It has the route taped. The search is done. Now the route only needs to be walked.

So put the feet of students and Preclears on that route. Don't let them off of it no matter how fascinating the side roads seem to them. And move them on up and out. Squirreling is today destructive of a workable system.

Don't let your party down. By whatever means, keep them on the route. And they'll be free. If you don't, they won't.

L. RON HUBBARD
Founder

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~oo00oo~

The Purposes of the Association of Professional Independent Scientologists

Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.

Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.

Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind

Join us Today!

<http://independent-scientologists-association.net>



L. RON HUBBARD

Scientology was developed by L. Ron Hubbard, an American writer and philosopher. It was completed after 35 years of research.

Born in Tilden, Nebraska, on 13th March, 1911, he was the only child of Commander H. R. Hubbard, U.S.N. ,and Dora May Hubbard. Hubbard was raised on his grandfather's cattle ranch in Montana and could ride before he could walk. He later became a blood brother of the Blackfeet (Pikuni) Indians, and his first novel published in 1936 concerns them. At the age of ten he rejoined his father and mother. Two years later, in Washington, D.C.

at the time, he became a fast friend of the President's son, Calvin Coolidge, Jr. , whose untimely death is probably responsible for L. Ron Hubbard's early interest in mental research.

As his father's duty took the family to the Far East, L. Ron Hubbard was in China when he was fourteen and spent the next several years in travel throughout Asia. In Northern China and India he became intensely curious about the composition and destiny of Man, and, studied on one hand with Lama Priests and made himself agreeable on the other hand to war-like people by his ability to ride. With the death of his grandfather, Hubbard, 19 years of age, was brought home by his father to study at the George Washington University in Washington, D.C. He studied Mathematics and

Engineering and became a member of the first United States course in formal education in what is called today nuclear physics. He also attended the Princeton University.

During his college days he supported himself by his writing, and before he concluded college he was well established as an essayist.

His first action on leaving college was to lead an expedition into Central America. In the next few years he headed three further expeditions, all of them undertaken to study savage peoples and cultures to provide material for his articles and stories. Between 1933 and 1941 he visited many barbaric cultures and yet found time to write seven million words of published fact and fiction.

Having first in Asia become interested in the mind and in Man, he multiplied this interest with his investigation of savage peoples and by 1938 he had written a never-published work on the subject of the basic principles of human existence.

By 1936 he had become a member of the Explorers Club in New York City.

In addition to travel articles, he has written western, science fiction, and adventure stories, and he is still one of the better known science fiction writers.

He was first called to Hollywood to write a film script in 1936 and since that time he has done a considerable amount of film work. Crippled and blind at the end of the war, he resumed his studies of philosophy and by his discoveries recovered so fully that he was reclassified in 1949 for full combat duty. It is a matter of medical record that he was twice pronounced dead and that in 1950 he was given a perfect score on mental and physical fitness reports.

Revolted by war and Man's inhumanity to Man he resigned his commission rather than assist government research projects. He subsequently published his original thesis on his work and the startling popularity of this thesis brought publishers to offer him a contract

for a popular work. Published in 1950, it soared to the top of the best-seller lists and stayed there. It's title - "Dianetics, The Modern Science of Mental Health."

Dianetics means, "through soul". As a science it explained and demonstrated conclusively the working of the human mind. Thus were unlocked the secrets of this hitherto unknown territory - a major breakthrough in the history of Man. Dianetic techniques in addressing the mind achieved remarkable results, but further research established that tremendously higher results were obtainable by addressing the spirit or thetan (taken from the Greek symbol for "thought" or spirit) as it is known in Scientology. Thus Scientology evolved from Dianetics. Scientology today is a world-wide organization with organizations on every continent and headquarters at Saint Hill Manor in Sussex, England. Scientology is the most vital movement on Earth today and is expanding phenomenally fast. Every week thousands of new people are introduced to its great benefits.

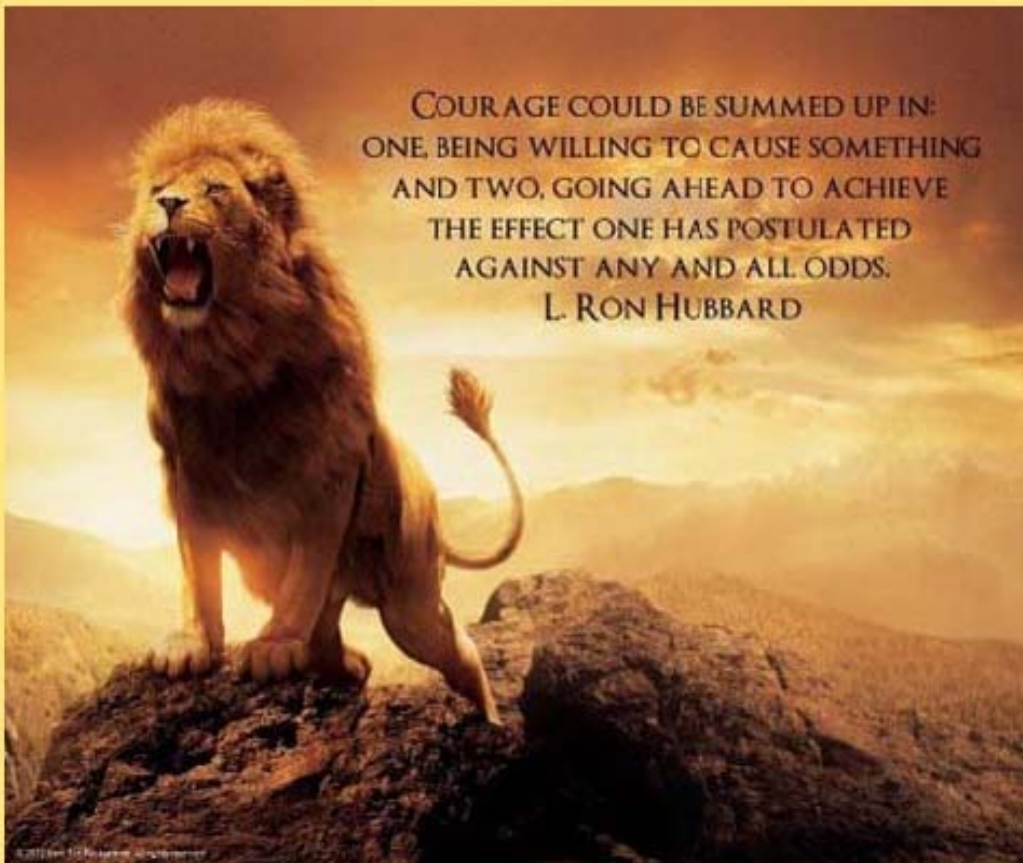
The home of L. Ron Hubbard and his family since 1959, Saint Hill Manor is where Ron continued his relentless search into the rehabilitation of the spirit of Man. Late in 1965 the final and most important stage of his research was completed.

The long sought bridge to total freedom for Mankind was complete.

~oo00oo~

Footnote: L. Ron Hubbard apparently passed away under strange and unestablished circumstances in January 1986

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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THE FACTORS

(Summation of the considerations and examinations of the human spirit and the material universe completed between A.D. 1923 and 1953)

1. Before the beginning was a Cause and the entire purpose of the cause was the creation of effect.
2. In the beginning and forever is the decision and the decision is TO BE.
3. The first action of beingness is to assume a viewpoint.
4. The second action of beingness is to extend from the viewpoint, points to view, which are dimension points.
5. Thus there is space created, for the definition of space is: viewpoint of dimension. And the purpose of a dimension point is space and a point of view.
6. The action of a dimension point is reaching and withdrawing.
7. And from the viewpoint to the dimension points there are connection and interchange. Thus new dimension points are made. Thus there is communication.
8. And thus there is light.

9. And thus there is energy.

10. And thus there is life.

11. But there are other viewpoints and these viewpoints outthrust points to view. And there comes about an interchange amongst viewpoints; but the interchange is never otherwise than in terms of exchanging dimension points.

12. The dimension point can be moved by the viewpoint, for the viewpoint, in addition to creative ability and consideration, possesses volition and potential independence of action; and the viewpoint, viewing dimension points, can change in relation to its own or other dimension points or viewpoints. Thus comes about all the fundamentals there are to motion.

13. The dimension points are each and every one, whether large or small, SOLID. And they are solid solely because the viewpoints say they are solid.

14. Many dimension points combine into large gases, fluids or solids. Thus there is matter. But the most valued point is admiration, and admiration is so strong its absence alone permits persistence.

15. The dimension point can be different from other dimension points and thus can possess an individual quality. And many dimension

points can possess a similar quality, and others can possess a similar quality unto themselves. Thus comes about the quality of classes of matter.

16. The viewpoint can combine dimension points into forms and the forms can be simple or complex and can be at different distances from the viewpoints and so there can be combinations of form. And the forms are capable of motion and the viewpoints are capable of motion and so there can be motion of forms.

17. And the opinion of the viewpoint regulates the consideration of the forms, their stillness or their motion, and these considerations consist of assignment of beauty or ugliness to the forms and these considerations alone are art.

18. It is the opinions of the viewpoints that some of these forms should endure. Thus there is survival.

19. And the viewpoint can never perish; but the form can perish.

20. And the many viewpoints, interacting, become dependent upon one another's forms and do not choose to distinguish completely the ownership of dimension points and so comes about a dependency upon the dimension points and upon the other viewpoints.

21. From this comes a consistency of viewpoint of the interaction of dimension points and this, regulated, is TIME.

22. And there are universes.

23. The universes, then, are three in number: the universe created by one viewpoint, the universe created by every other viewpoint, the universe created by the mutual action of viewpoints which is agreed to be upheld - the physical universe.

24. And the viewpoints are never seen. And the viewpoints consider more and more that the dimension points are valuable. And the viewpoints try to become the anchor points and forget that they can create more points and space and forms. Thus comes about scarcity. And the dimension points can perish

and so the viewpoints assume that they, too, can perish.

25. Thus comes about death.

26. The manifestations of pleasure and pain, of thought, emotion and effort, of thinking, of sensation, of affinity, reality, communication, of behavior and being are thus derived and the riddles of our universe are apparently contained and answered herein. There IS beingness, but Man believes there is only becomingness.

28. The resolution of any problem posed hereby is the establishment of viewpoints and dimension points. the betterment of condition and concourse amongst dimension points, and, thereby, viewpoints, and the remedy of abundance or scarcity in all things, pleasant or ugly, by the rehabilitation of the ability of the viewpoint to assume points of view and create and uncreate, neglect, start, change and stop dimension points of any kind at the determinism of the viewpoint.

Certainty in all three universes must be regained, for certainty, not data, is knowledge.

29. In the opinion of the viewpoint, any beingness, anything, is better than nothing, any effect is better than no effect, any universe better than no universe, any particle better than no particle, but the particle of admiration is best of all.

30. And above these things there might be speculation only. And below these things there is the playing of the game. But these things which are written here Man can experience and know. And some may care to teach these things and some may care to use them to assist those in distress and some may desire to employ them to make individuals and organizations more able and so give to Earth a culture of which we can be proud.

Humbly tendered as a gift to Man
by L.Ron Hubbard, April 23, 1953

~oo00oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**



Wins & Gains in the Independent Zone

What I have learned is that cases do not progress beyond their Scientology education level. A case hangs right at the point to which it has been educated in Scientology. Processing gains are parallel to education gains and the two balance.

Rons Journal Dec AD 13

After Grades Auditing

I met Chris Black in 2012. I was mid-Grade 1, divorced, not well.

Fast forward two years: I attested to Grade IV Release in Spring 2014. About to start False Purpose Rundown in Jan 2015.

Life is simple.

Life is unpredictable, it is always changing BUT I do not get upset by the changes.

If I plan a picnic and it rains, I bring it inside, put it in my living room, watch a movie. If a friend plans something with me and cancels, I go to Plan B or C. I roll with life instead of being depressed and frustrated at a cancellation or change of plan.

This has immense applicability in life and enables you to enjoy life much, much more. It makes life adventurous.

Life is a game, and after Grade IV it became exactly that. No longer fixed in a specific condition.

Able to partake in life and to rebound from bad news or bad events with ease and grace.

I am more than ever interested in ME and OTHERS. I see games being played everywhere and I welcome them and let other peo-

ple play their games.

I am more cause than effect, though I am fine at being effect too. Falling on my ass in snow is kind of fun if you get the idea. LOL Nothing wrong with that.

I am creating so much more and enjoy interactions with others so much.

Chris takes the greatest care to get you in the chair without pressure, push you when you need to be pushed, and get you to MAKE it to the next step on your program.

He works hard and he sacrifices a lot to make sure his PC's get it, often leaving his area to go to other areas and far away lands (LOL) and audit people closer to their homes. Never in my wildest dreams I thought I would be Grade IV Release, going onto FPRD and getting onto NED in 2015 towards the state of Clear.

You see, Chris is highly trained, he has a very high case level --- he knows that a little push and shove is needed to get you to where you will LOVE to BE.

He is the very definition of responsibility and he will get you winning again as a being. Do not expect to achieve it all in one session, life is a series of gradients. But going from Grade

1 to 4, good golly Miss Molly, it is a new life up here.

I'm sticking with him, and if you haven't gotten auditing with him yet, you should.

Expect to win and laugh again. Thank you for the pushes Chris.

FPRD WINS! WOW! WOW! WOW! I did my first days at work after my 8 days of FPRD....

I'm stable at ton 40, moving to 30, 22, 20, and 8 not below only sometime if I have to handle a down tone terminal, no Q&A with anything! Mock-ups stick like crazy glue! LOL Very short comm lag with almost everything, I'm in a very good shape and still blowing hold circuits and postulates! Thank you very much Chris!

Original OT IV Success Story - Doing the Original OT IV was fun!

I had many realizations about how we mock up our own existence and then "forget" in order to have a game.

Some abilities gained (regained) are to know when I get myself into a pickle in a game I am playing (pre-cognitively), the ability to recognize and disperse case when it begins to impact me, and the ability to "separate" myself from the solidity of the physical universe.

Pretty nice gains for such a short action!

"I have always thought that having a good job and being successful as a career is a privilege granted randomly to a lucky few and that I don't have a shot at it and never will.

Today I feel that I am a partner to my employer; I am successful in any job I take, and I bring a lot of value to the organization – the work experience is great for both the employer and myself, just naturally, without putting ef-

fort into making it happen.

Working is fun!

Today, I feel I can be successful finding jobs and keeping jobs, and at being valuable to my team. I love this feeling, and I am grateful to Chris and LRH for making it happen for me!

L11 Repair

Eric came in town for 2 weeks to handle something that had been bothering him for a long time and had remained unhandled even after decades in the church. He had also started L11 at Flag and never EPd it.

We intensively focused on the area he was concerned about and blew through it to a full EP of L11!

Here is his success:

I had many F/Ns on this actions. One of the biggest wins came on running "Cheating on Girlfriends." Blowing the charge on this gave me a new way of thinking, a new viewpoint, and could've blown a valence too!

I truly appreciated the understanding of my originations by Trey. In the Church, these originations were handled "mechanically" and not truly understood.

Trey really made an effort to understand what I was saying. He was able to think with the data I gave him and to so direct the auditing to address and handle it. Never once was anything forced like it was in the church!

I would like to thank you for keeping the spirit of Scientology alive. Not just for me, but for everyone.

~oo00oo~

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Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

FREE THETA

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

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Preserve, Protect & Promote



GOING PLACES

By Chris Black
Class IX Auditor,
Class VIII Auditor & C/S

In Basic Auditing Series 2, "The Two Parts of Auditing", Ron says:

"In order to do something for somebody you have to have a communication line to that person.

Communication lines depend upon reality and communication and affinity and where an individual is too demanding the affinity tends to break down slightly.

Processing goes in two stages.

- 1. To get into communication with that which you are trying to process.*
- 2. Do something for him.*

There is many a pc who will go around raving about his auditor, whose auditor has not done anything

for the pc. All that has happened is that a tremendous communication line has been established with the pc and this is so novel and so strange to the pc that he then considers that something miraculous has occurred.

Something miraculous has occurred but in this particular instance the auditor has totally neglected why he formed that communication line in the first place. He formed it in the first place to do something for the pc.

He very often mistakes the fact that he has formed a communication line, and the reaction on the pc for his having formed one, with having done something for the pc.

There are two stages.

- 1. Form a communication line.*
- 2. Do something for the pc.*

Those are the two distinct stages. It is something like (1) Walking up to the bus, and (2) Driving off. If you don't drive off you never go anyplace.

It is a very tricky and no small thing to be able to communicate to a human being who has never been communicated to before. This is quite remarkable, and is such a remarkable feat that it appears to be an end-all of Scientology to some.

But you see that's just walking up to the bus. Now you have got to go

someplace." LRH

While the above reference is specifically addressed to auditing, as in most things Scientology – dealing as it does with LIFE and being a study of LIFE – these data are applicable in everyday life as well. For instance, we are often confronted with issues in our environment, such as at work or in local or regional politics or when we frequent blogs and forums. Oftentimes, we end up “walking up to the bus” and “communicating” about the situation to whoever might be within earshot – or web-shot– and then forgetting to drive off, or, in other words, DO something about it.

This communication (which tends to end up being more griping, bitching or nattering than “communication”) is often rationalized as “blowing off steam” or “itsaing BPC” or in a recent case, running out a third dynamic engram. Well, the proof is in the pudding – did it work? In actuality, while forming a comm line does provide relief, removing BPC on an “itsa line” is properly done in session, the only guarantee one will be able to run it back to basic. REALIZE THIS:

“This doesn’t mean the pc is always wrong. He is generally right when he says he’s overwhelmed or upset. He’s almost always wrong when he says what overwhelmed him or what BPC was out WHEN SIMPLY SAYING IT DOES NOT CORRECT THE CASE OR PRODUCE F/N VGIs.” LRH (C/S Series 7, C/S Q&A)

IF it is not blowing, it is either the in-

correct charge, or, there is an earlier similar! So one will be apt to continue to “itsa” and “itsa” on and on and on (just go to some of the many forums and blogs abounding on the internet for ex- or disenfranchised Scientologists) trying to find the correct charge or the basic on the chain. It really does make this line from HCOPL 19 August 1967, The Supreme Test, make sense:

“People who explain how wrong it is all going and who have reasons why and WHO AREN’T PUTTING IT RIGHT are the real crazy people in the universe.” LRH

Another example is the area of training and auditing: many walk up to the bus, but few get on it and go someplace. They communicate about the need and want of training and auditing, but what do they DO about it? People “communicate” about the lack of facilities or the imposition of time and space and energy between us and an auditor or group. But what did we do when we were in the Church? How did we get trained or go up the Bridge then, especially the OT Levels?

If one were to take a hard and, in my opinion honest look, it might be said that it is a lack of responsibility for ourselves, our dynamics and our future. We are letting what happened with our Church affect us now. In essence, we have gone “effect” and have permitted our affinity with ourselves and our dynamics to be alloyed. So it is no wonder we seem to have trouble getting audited or

trained, or in life on any of our dynamics.

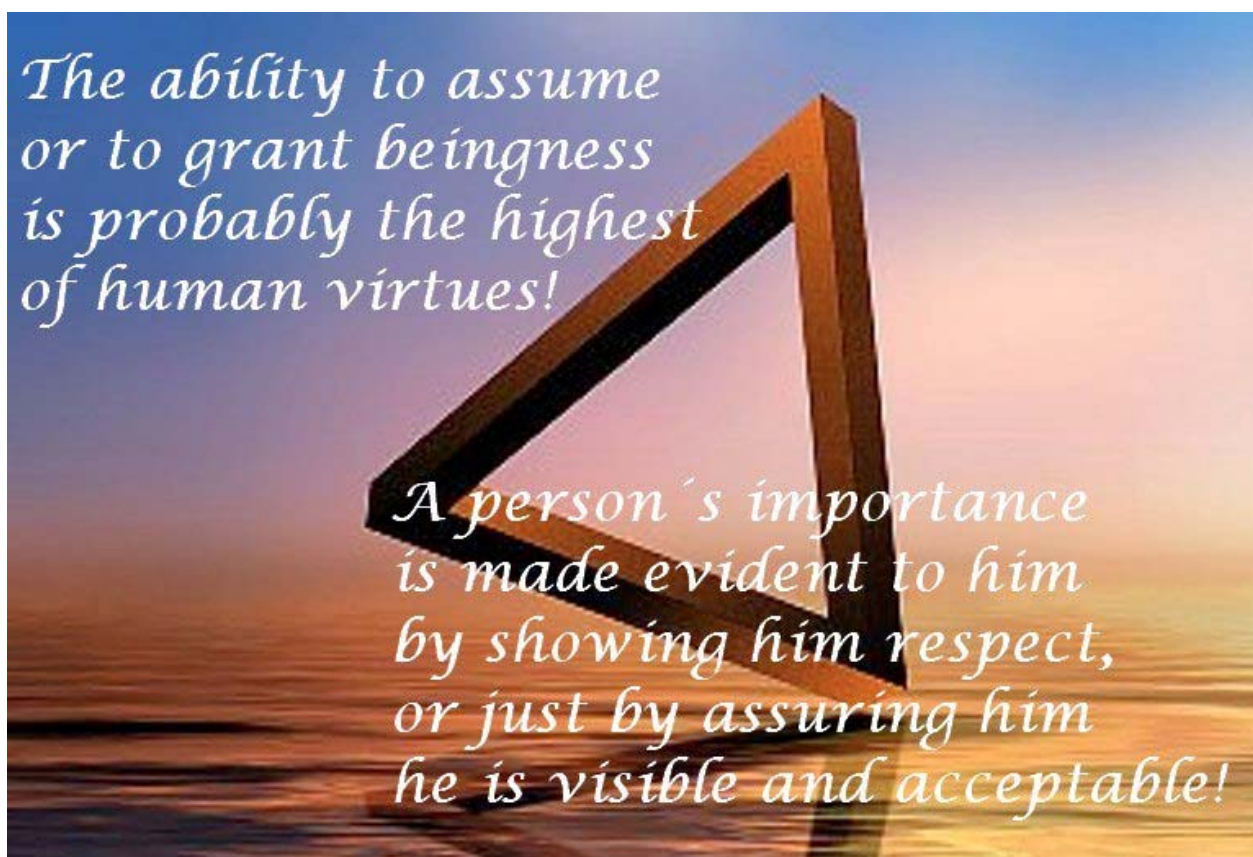
So what can be done about it? Well, the simplest way to change that is to get on the bus and GO someplace – disagree with any agreement that you can't, and you will. Assume a point of Cause and Responsibility and it will occur. The ability to disagree is one of the highest abilities there is. And it leads towards Responsibility. And Responsibility leads to total freedom.

As Ron says in HCOB 2 May 1985, Responsibility, Definition Of:

“RESPONSIBILITY: THE NONRECOGNITION AND DENIAL OF THE RIGHT OF INTERVENTION BETWEEN ONE-SELF AND ANY BEING, IDEA, MATTER, ENERGY, SPACE, TIME OR FORM, AND THE ASSUMPTION OF FULL RIGHT OF DETERMINATION OVER IT.” LRH

So practice this and communicate to someone - a friend, a professional auditor, a group - and then go someplace. Get audited; get trained. The MEST universe succumbs to postulates. Make it happen!

~oo00oo~



A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

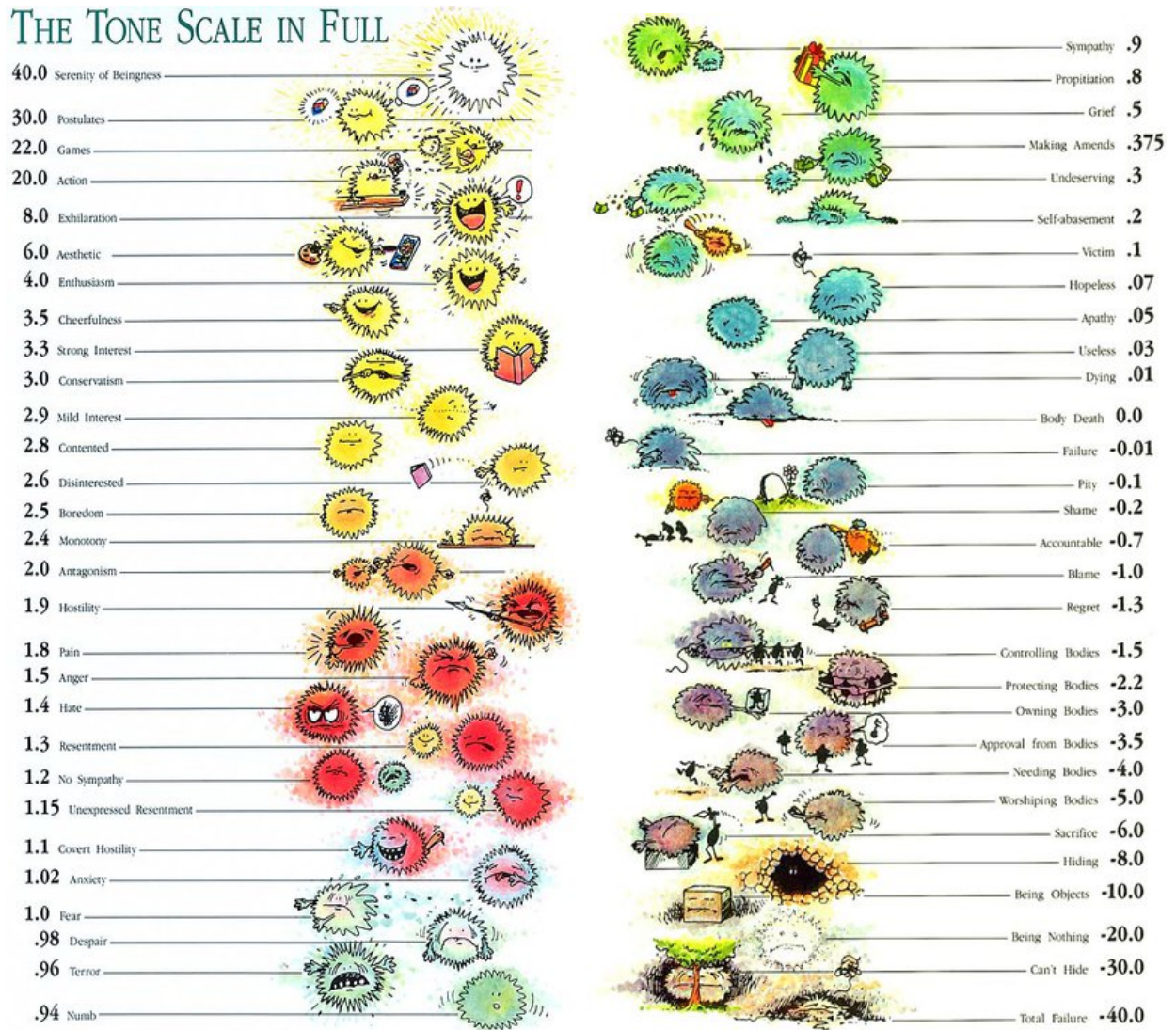
"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



A TRIBUTE TO MARY SUE HUBBARD

Wife of L. Ron Hubbard

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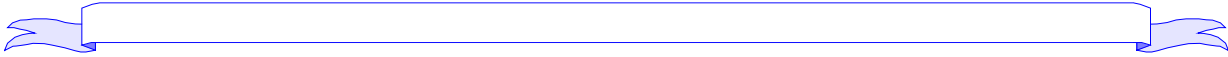
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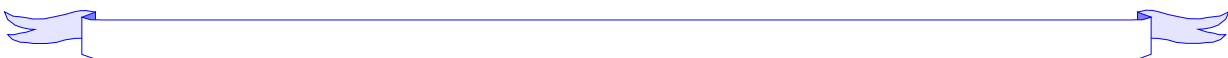
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**Quote from
L. Ron Hubbard**

No man is happy without a goal, and no man can be happy without faith in his own ability to reach that goal.



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~oo00oo~

